

FY 2024 - PRESENT

# UDAYKAL FOUNDATION

## ANNUAL REPORT



**TODAY WE ARE MAKING  
A DIFFERENCE FOR TOMORROW**

NON-GOVERNMENTAL ORGANIZATION  
(NGO)/VOLUNTARY ORGANIZATION  
(VO)/NON PROFIT ORGANISATION (NPO).

## 8th April 2024

A one-day trip of women and their children who are alone due to Covid will be going to the Great Village Agricultural Tourism Center. Enjoying summer holidays and a day to myself in nature.

## 10th April 2024

### Udaykal YOGA Class

What you will learn In the practical session?

Aasan

Pranayam

Mudras

Bandh

Cleansing Techniques

Meditation Techniques

The batch is starting from 22nd April 2024

## 11th April 2024

One day trip of Covid single women organized by Udaykal Foundation  
Uday Foundation organized a tour of women who were alone due to Covid took place at Agricultural Tourism Center in Great Village, Junnar taluka. The purpose behind this trip was to take women out and celebrate due to Covid.

All sisters and children enjoyed the trip of culture sighting, traditional welcoming, kids to play garden adventures, rain dance etc....



### Udaykal YOGA Class

Practical:

- Aasan
- Pranayam
- Mudra
- Bandh
- Cleansing Technique
- Meditation technique

Daily 1 Hour Batch - Morning 6 to 7

Limited Set - 15 Members batch

Per Month Fees - 700/-

Offline Class

\* Class Starts \*  
on the date 22.04.2024

**REGISTER NOW**

9096210669 / 8329757875

More Information Call us.

Address - Udaykal Foundation, Opp. Kesnand Grampanchayat Office, Kesnand, Pune - 412207





## 1st July 2024

On behalf of Udaykal Foundation Institute, late. In the presence of Mangala Arun Bagul, the helpless girls at Nirmal Sanstha were distributed by school office organization President Balakrishna Bagul and Mrs. Prabhati Bagul.

President of Nirmal Sanstha Suryakant explains the problems of girls' school. It's been 15 days since school started but the girls didn't have school offices. It was not possible to carry books to school without office, so office was necessary for school.

Udaykal Foundation organization distributed free offices to girls in the organization after considering this problem.



## 10th July 2024

Book Donation Campaign

Activity Name: Book Donation Campaign

Place: Brilliant public School in a Rural Village near khurja, UP

Classes: Nursery, LKG, and UKG

Plan:

Our plan was to conduct a book donation campaign aimed at providing educational resources to young children in a rural area. We collected age-appropriate books and organized an engaging event to distribute them. The objective was to promote early childhood education and foster a love for reading among the children. At the end I distributed chocolates to all the students as a token of appreciation for all of us.

What They Learn:

The children learned the importance of reading and how books can be a source of knowledge and entertainment. They were introduced to new stories, characters, and concepts that can enhance their cognitive and language skills. The interaction also helped them develop social skills and a sense of curiosity.

Activity Outcome:

The book donation campaign was a success, with each child receiving a set of books suitable for their age. The children were excited and enthusiastic about their new books, which we hope will encourage them to read more regularly. The teachers and parents expressed their gratitude, noting the positive impact such resources can have on the children's education and development



The book donation campaign at the primary school in the rural village was a profoundly fulfilling experience during my internship with the "Udaykal Foundation". This initiative not only provided the students with much-needed educational resources but also fostered a sense of community and shared purpose. Witnessing the students' enthusiasm and the positive impact of the books reaffirmed the importance of such outreach programs. This experience has deepened my understanding of the challenges faced by underserved communities and has strengthened my commitment to contributing positively through social initiatives. I look forward to continuing this journey of learning

**14th Jul 2024**

Udaykal Foundation Amalner distributed "Picture Balmitra Ujalani" to all the children of the school at Zilla Parishad Primary School Chandori.

A picture child friend book is very useful for children's basic educational development. Many thanks to Udaykal Foundation Amalner on behalf of the school for giving free book.



**14th Jul 2024**

Our Volunteers work in different districts and conduct Drawing activities. Also distributed school kits to underprivileged children.

**Compilation of drawing competition and book donation.**

Activity name: Drawing competition

Place: Karuna Voluntary Organisation (Under deprived children home)

No. of students: 13

**PLAN OF ACTION**

Find places where children are present.

- Schools
- Colleges
- Play schools
- Orphanages
- Schools for differently abled
- Under privileged homes

Short list some places and called them:

- NEW LIFE CHILDREN – rejected because of full schedule
- ANUSMA SCHOOL –Rejected
- PUDAMI SCHOOL –Rejected
- TIME SCHOOL –Accepted
- KARUNA VOLUNTARY ORGANISATION –Accepted

Why did I choose Karuna?

The children studying in the Time school were very privileged and their parents have money to buy whatever they want but children in Karuna were under privileged children and I realized that they were in need of school supplies and books. So, I finalized to donate notebooks, pens, crayons and hold a drawing competition.

What did they learn?

As time given to me was short so I wanted to complete drawing competition as soon as possible so I gave them a topic so that they could draw on that topic. I gave Environment as the topic but some of were so little they could not understand but I explained to them while they were drawing. At the very end of an hour, they came to me told me what all they understood and I felt very happy.

**ACTIVITY OUTCOME:**

I was happy they understood what wanted them to understand about our environment. They even wrote a note at end of their drawing some thoughts they had.

PHOTOS:



Winner: Deepak, he won a book and a scholar kit as his well-deserved prize.



**25th Jul 2024**

Heavy rains in Pune city have disturbed the lives of people. Volunteers of Udaykal Foundation are working to get people to safer places.

Contact if people need some help.

090962 10669







**10th Oct 2024**

**Bhaubeej of Kisanputra**

Udaykal Foundation is organizing Bhaubeej program of Kisanputra on the occasion of Diwali festival.

Groceries are going to be given to a single sister from Maharashtra. Due to the situation (Farmer's suicide) the responsibility of the woman in the house due to the death of her husband. All these sisters came to town from rural areas. Farming business is not profitable, so family came to town and husband died in the city.

Every woman is working independently towards something liberal. On the occasion of Diwali, we are conducting Bhaubeej program of Kisanputra as responsibility and duty of farmers.

Let's participate in celebrating Diwali of the sisters who are single along with our Diwali



Material and price in one kit  
Sugar - 2 kg - 110/-  
Salt - 1 kg - 28/-  
Oil - 2 kg - 320/-  
Rawa - 1 kg - 68/-  
Flour - 1 kg - 38/-  
Peanut - 1 kg - 170/-  
Utne - 1 packet - 25/-  
Total - 759/-

Bank account details

Udaykal Foundation Bank Details -

Name :-Udaykal Foundation

A/C - 12280100013142

IFSC - BARBoDBAMAL

Bank of Baroda

Branch - Amalner

Contact - 9096210669

E-receipt of your help will be given.

Tax discount under 80G

Our attempt as a support to single women is on the occasion of Diwali.

Sending receipt of deposits of money to 9096210669.

Thank you

**19th Oct 2024**

Bhaubeej of farmers- Dadegaon taluka.  
District Paithan. Udaykal Foundation  
gifted grocery kits to two needy women  
of Ashabai Pandhari Gade and Anjabai  
Gosavi at Chhatrapati Sambhajinagar.  
Teacher of Dadegaon School Shri.  
Distributed by Bansode Sir.

**25th Oct 2024**

Grocery kits were given to women alone due to farmers suicide in  
Nandgaon in Nashik district under Bhaubeej organized by Udaykal  
Foundation to sweeten with children at Diwali.

# उदयकाल फाउंडेशन आयोजित किसानपुत्रांची भाऊबीज

एकल महिलांना दीपावली भाऊबीज  
सणानिमित्ताने रेशन किट



Name : Udaykal Foundation  
A/C - 12280100013142  
IFSC - BARBoDBAMAL  
Bank of Baroda  
Branch - Amalner

\* एका किट मधील साहित्य आणि किंमत \*

साखर - २ किटो - ११०/- मीठ - १ किटो - ३८/- तेल - २ किटो - ३२०/- रवा - १  
किटो - ६८/- मैदा - १ किटो - ३८/- मोगदाणे - १ किटो - १७०/- उटणे - १ पाकीट -  
२५/-

एकूण - ७५९/-



Contact - 9096210669 / 8600272118



They are happy to provide ladies with ingredients for sweet Diwali before Diwali starts. Due to the items received on the occasion of Diwali in daily family life, they said that children can sweeten Diwali and feed them.



**26th Oct 2024**

Kisanputra celebrated Bhaubeej under Udaykal Foundation for sisters who were alone due to farmer suicide.

Like every year, Udaykal Foundation organization gifted Kisanputra's Bhaubeej program to women from families of farmers suicide in Shirur taluka of Pune district, groceries and Diwali issue of 'Ladoba' magazine for their children to sweeten their Diwali.

Chief guest in this programme Hon. Kamal Tiwari, Professor NDA, Pune), Dr. Sharda Tiwari, Mr. Satish Deshmukh, Kisan son movement, Shri. Ram Mane, Secretary - Inter India, Pune, Shri. Balkrishna Bagul, President - Udaykal Foundation, Mrs. The impressive Bagul, Mrs. Sima Gutte, social activist and young social activist Mayur Bagul were present. Women in the present programs face countless problems and difficulties while taking care of family responsibility and children while attending their thoughts. Kisanputra Andolan organized this initiative and thanked us for gifting us bhaubeej to sweeten Diwali for us and children.

Chaprak Prakashan Institute's Ladoba Child Literature Diwali issue gifted children a literary Diwali. Shri of Chaprak Publication Institute. Ghanshyam Patil gifted children a literary food of holiday things and stories on the occasion of Diwali.

Diwali grocery kits are being distributed to a total of 125 women in various districts across Maharashtra.

The concept of this program was made by respected Amar Habib sir and all the associates of Kisanputra movement to make financial contribution for this program. Mr. Raju Basargikar contributed bigly by his friends and family. Shri to reach help to women from different districts. Heramb Kulkarni sir cooperated.

Mayur Bagul thanked everyone who attended and wished him a happy Diwali.



**26th Oct 2024**

Distribution of ration kits to the families of single women on the occasion of Diwali - Health Prabodhini Initiative

Ration kits were distributed to single women as a small gift to single women's families at Arogya Prabodhini Vadsa with the association of Arogya Prabodhini and Udaykal Foundation.

Ration kits were distributed to single women under the Bhaubeej program of Kisanputra.

Dr. President of Arogya Prabodhini Institute is among the main attendees of the program on this occasion. Suryaprakash Jabhane, Assistant Director Archana Gabhane, Cable operator Professional Kalpana Ravindra Dongarwar and activist Geeta Balkrishna Meshram were present in the main presence.

The main objective of calling them as chief guests to the events is that this woman is single herself and still doing her husband's work after her husband's death. The main objective of this program was to encourage other women from their actions and without any fear of other women, not women, to stand firmly for their family and do all the tasks without any discrimination in the works.

Mrs. Geeta Meshram shares her journey of making the girls right after her husband's death and fulfilling her social commitment.

The program was started with the introduction of all single women by saluting Krantijyoti Savitribai Phule.

Pushpanjali Matere, the activist of Propaganda Health Prabodhini, Pritesh Jambhulkar and thanks Aarti Puram accepted the operation.

Savita Trees and all the single widows cooperated with their presence for the success of the program.

Senior social activist Heramb Kulkarni and Mayur Bagul of Udaykal Foundation received special support.



**27th Oct 2024**

On Sunday 27/10/2024, Groceries were distributed to 13 women from Nevasa taluka committee organized by Udaykal Foundation on the occasion of Diwali Bhaubeej to total 13 women from Nevasa taluka.

Mr. Sunilrao Wabale, chief of Local Kavil Treatment Center and Rajendra Sheth Bafna (Kukana) was the chairman of the program. Committee Coordinator Karbhari Garad, Appasaheb Wable, Bharat Argade, Renukatali Chaudhary, Yedubhau Sonawane, Rajendra Chinde etc were present.



Mission Vasalya Samiti and District Coordinator Shri at Nanded under Kisanputra's Bhaubeej organized by Udaykal Foundation. Ankush Khansole sir and Sau Single Women's Committee President Shakila Sheikh madam distributed ration kits to single women on the occasion of Diwali Bhaubeej festival.

Shakilatai as a social worker and Ankush Dada as a Pathirakha Bhau as a social worker and help them recover from their sorrows by always participating in the happiness and sorrows of single women. Shakilatai and Ankush Dada successfully completed this program by distributing ration kits as a result of the same efforts. Today, she gave single women a lifetime of self-employed, self-esteemed life by guiding women on how to make their lives brighter without sending them back by giving ration kit during the program.



**29th Oct 2024**

Udaykal Foundation jointly with Kisanputra's Diwali today. Grocery kits were distributed to 13 single helpless women from Mauje Gharod taluka Khamgaon district Buldhana on the occasion of Diwali Bhaubeej. This time president was Shahu Phule Ambedkar Foundation and Sau Single Women Rehabilitation Buldana district coordinator Sachin Thackeray and in the main presence of nature friend bird nature Conservation Study Sanjay Gurav Sir along with Sarpanch Vaibhav Thackeray Tantamukti President Bhikaji Raut, senior social activist Gajanan Parkale, Narayan Mahanakar, journalist Praveen Thakar, Sunil Ingole etc were present.

In the main presence of the program, dignitaries distributed grocery items to poor helpless women on behalf of Udaykal Foundation Farmers Putranchi Diwali

After that, all dignitaries thanked respected Mayur Bagul sir for helping the program.



**03rd Nov 2024**

Bhaubeej organized by Udaykal Foundation, Kisanputra was given grocery kits to sweeten children's Diwali due to farmers suicide in Tadkalas, Parbhani district.

Diwali festival is celebrated with sweet happiness everywhere. More hard work is done in the village with less money. How will Diwali be sweet in what I earn in it. Due to Bhau Beej given by Kisanputra, Diwali festival will be celebrated sweetly and the loneliness that was with Kisanputra, women expressed their opinion that it will not be there anymore.



## 04th Nov 2024

Kisanputra's Bhaubeej organized by Udaykal Foundation was celebrated with tribal brothers at Dhadgaon in Nandurbar district.

Names of villages - Bhagdari, Khadi, Khuntamodi, Suryapur, Navagaon, Rosmal Budruk etc.

Tribal family does not celebrate Diwali festival much. They never do so much to eat sweets. They wouldn't have made sweets by giving them grocery kits. Diwali festival every person is buying new clothes. We should give all sisters what they need and can be used. With these thoughts, women were given saree on the occasion of Diwali Bhaubeej. Kisanputra's bhaubeej in real sense, women who are single due to farmers suicide will never feel alone. Kisanputra are always with you



## 26th Nov 2024

Pune - School shoes were distributed to girls studying in the deprived constituency of Nirmal Institute organized by Udaykal Foundation.

30 girls from deprived constituencies of Nirmal Institute did not have school shoes for January 26. Girls got shoes at school put smiles on their face.

They were happy to wear shoes on to school. Members of Udaykal Foundation Aarti Bagul, Manisha Sali and Nisha Bagul were present.



**06th Dec 2024**

Sweaters are being distributed to the students of tribal families of Adivasi Pada Bahirwadi primary school organized by Udaykal Foundation.



जय आदिवासी !! हर हर महादेव !! जय आदिवासी !!

# उदयकाल फाउंडेशन

\* आयोजित \*

## आदिवासी पाडा बहिरवाडी

येथील प्राथमिक शाळेतील आदिवासी कुटुंबातील

### विद्यार्थ्यांना स्वेटर वाटप

दिनांक १०, नोव्हेंबर २०२४ रोजी करण्यात येत आहे.



सौजन्य - श्री. मयूरजी बागुल सर तसेच श्री. आकाश सुभाष भगत सामाजिक कार्यकर्ते व इतर सहकारी.

**10th Dec 2024**

The warmth of love and the hunger of education through the concept...! Educational guidance and sweaters were distributed to 35 students from tribal families at Pada Bahirwadi primary school organized by Udaykal Foundation Pune at Zilla Parishad Primary School premises on 10/12/2024 at Zilla Parishad Primary School.

Udaykal Foundation has been working in various tribal padas in Purandar taluka since last five years. The organization distributed food grain kits at home to people during the Corona pandemic. Distributed sanitary pads from women's health approach. Educational work is done on behalf of the institution from the approach of education of students. Tree plantation was planted in the villages of Bahirwadi from the view of the environment. Such various programs are being implemented by the organization.

Today, the students studying in Zilla Parishad school were desperately needed sweaters due to the cold and the institution distributed sweaters to the students considering that need. Honorable Mayur Bagul Sir of Udaykal Foundation, Akash Bhagat Tribal Social Worker, Bahirwadi Gram Panchayat Member Amol Bhagat, Zilla Parishad School Teacher Rupali Galange and Principal Anil Galange Sir, Ashatai Sunita Dhagare, Laxman Dhagare, Mayuri Bhagat, Parvati Bhagat, Swati Waghmare, Sanjay Karkud and villagers were present.

Gram Panchayat member Amol Bhagat and Mayur Bagul Sir and Akash Bhagat felicitated students who have mastered in beat level sports competition in the taluka and discussed with the students on educational subjects.

Zilla Parishad teacher Anil Galange performed thanks.

From tumira to brightness



**11th Dec 2024**

Udaykal Foundation's students are bored of love through sweater! Sweaters were distributed to school children at Bahirwadi Adivasi Pada in Purandar taluka.

**13th Dec 2024**

Sweaters were distributed to tribal children under the warmth of love and hunger of education.

**8th Jan 2025**

Udaykal Foundation and Sau Ekal Mahila Samiti, Maharashtra organized Tilgul ceremony and Turmeric Kunku program for single women organized by Maharashtra, Mrs. Famous actor Mrs. Janhavi Page-Deshpande will be discussing with women on this topic while being lonely. Mrs. Janhavi Page-Deshpande, Pune B. E. (Software Engine) ) and Marathi serial, film actors. Movie 1. Apsara 2. Kakul Marathi Serial \* Love story \* Marriage bedi \* Lakshmi's footsteps \* Abol Preeti's amazing story \* Don't go away baba \* Navi Janmen mi \* Gum hai kisi ke pyaar mein tyi all women should be present on time for the program. [#Women](#) [#Capricorn](#) Sankrant [#Pune](#)

उदयकाल फाउंडेशन व साऊ एकल महिला समिती, महाराष्ट्र  
आयोजित

**मकर संक्रांती**  
सम्राज्य

नवीन वर्षाचा पहिला सण मकरसंक्रांत महिला मोठ्या आनंदाने हळदी कुंकूचा कार्यक्रम आयोजित करतात.

एकत्र महिलांसाठी कार्यक्रम आयोजन करण्यात येत आहे.

**विषय:**  
एकटेपण पेलताना

**अनुस्य उपस्थिती:**  
सौ. जान्हवी पागे-देशपांडे,  
मराठी फिनेकलखबर, पुणे

दिनांक: ०८.०१.२०२५ वार: शनिवार  
वेळ: सुमारे ०२ ते ०५

**ठिकाण:** राष्ट्र सेवा दल, अभ्यासिका हॉलच्या वर  
दाडेकर पुल, सिंहगाड रोड, पुणे - ४११०३०

आपण सर्व महिला भिंती आवकून उपस्थित रहावे.

संयोजक: उदयकाल फाउंडेशन, पुणे

**9th Jan 2025**

School educational help from Udaykal Foundation Institute. Zilla Parishad Primary School Garmal Vasti, Vadgaon Taluka Pathardi, District in cooperation with Udaykal Foundation, Pune. Students at Ahilyanagar needed pads for school exams. School teachers told the need to Udaykal Institute. Udaykal institute gifted pads to students for exam because there were no pads in school due to the lack of condition.



• सूचनाफलक •

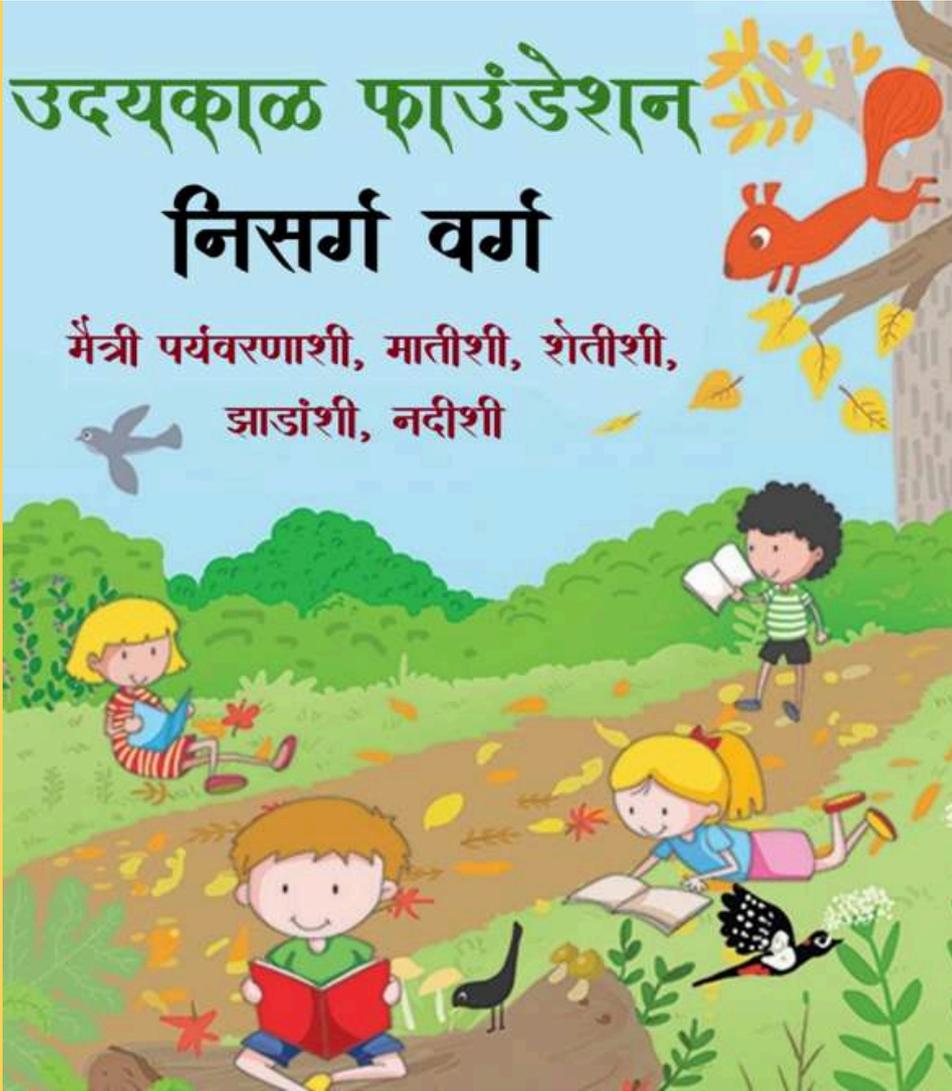
आज मिति :- जि.पं. प्राथ. शाळा गारमालवस्ती  
शके :- वडगाव ना.पायडी जि. अहिल्यानगर  
दिनांक :- उदयकाल फाउंडेशन पुणे  
वार :- सोचे कडून शाक्रेय साहित्य  
सुविचार :- EXAM PAD वाटप करण्यात आले  
दि. ९/१/२०२५

अनुषा

# उदयकाल फाउंडेशन

## निसर्ग वर्ग

मैत्री पर्यवरणाशी, मातीशी, शेतीशी,  
झाडांशी, नदीशी



13th Jan 2025

Nature class initiative organized by Udaykal Foundation is to provide children with nature. Plus, it is to provide nature based learning and adventure experiences to school children at discounted rates. These activities focus on building confidence, adventure, building environmental awareness and life skills in children, along with memorable outdoor adventures and entertainment while staying in nature.

Student age group - 10 to 16

Date - 22/02/2025 to 23/02/2025

Departure on 22nd at noon and arrive on 23rd at noon.

\*Duration: Two days (Saturday and Sunday)

\*Cost: ₹1500 at discounted rate (Regular price: ₹2000)

Initiative:

Understanding geography with the help of a telescope. The night sky is clear and it's the perfect time to see the stars. We are organizing star party for students in and around Pune. This event will have events as follows.

- \* star watching session.
- \* Identifying direction with the help of the star.
- \* North Star/Pole Star Identity.
- \* Introduction to various stars and stars in the sky and many other objects.
- \* Introduction to ancient Indian astronomy and stars.
- \* Experts guidance and assistance during the program
- \* Stay in the tent, food and snacks will be provided to the students.
- \* Bus arrangements will be careful volunteers.

For enquiries and booking, contact: 8329757875

Time and place to leave will be informed after registering the name.

Coordinator - Udaykal Foundation, Pune

**25th Jan 2025**

On the occasion of Makar Sankrant organized by Sau Ekal Mahila Samiti organized by Udaykal Foundation, widow single women's turmeric - kunku program organized by Sau Ekal Mahila Samiti.

Widow's turmeric - Kunkwa's legislator program was held at National Service Dal office in Pune. Chief guest in this program is Marathi film actor, Mrs. Janvi Page Deshpande, Mrs. Aarti Mayur Bagul, Secretary -

उदयकाल फाउंडेशन आयोजित निसर्गवर्ग या उपक्रमाचे ,मुलांमुलींना निसर्गाचे सान्निध्य उपलब्ध करून देणे, हे मूळ उद्दिष्ट आहे. शिवाय शालेय मुलांना निसर्गावर आधारित शिक्षण आणि साहसी अनुभव सवलतीच्या दरात उपलब्ध करून देणे हे आहे. या उपक्रमांमध्ये मुलांमध्ये आत्मविश्वास, साहस निर्माण करणे, पर्यावरणीय जागरूकता आणि जीवन कौशल्ये निर्माण करणे यावर लक्ष केंद्रित केले जाते आणि त्याचबरोबर संस्मरणीय बाह्य साहसी गोष्टी, व निसर्गातच राहून मनोरंजन देखील केले जाईल.

**विद्यार्थी वयोगट - 10 ते 16 दिनांक - 22/02/2025 ते 23/02/2025**

**22 तारखेला दुपारी निघणे व 23 तारखेला दुपारी पोहचणे.**

> कालावधी: दोन दिवस  
> खर्च: ₹1500 सवलतीच्या दरात (नियमित किंमत: ₹2000)

**उपक्रम:**  
दुर्बिणीच्या साहाय्याने भूगोल विषय समजून घेणे. रात्रीचे आकाश स्वच्छ असते आणि तारे पाहण्याची हीच योग्य वेळ आहे. आम्ही पुणे आणि आसपासच्या विद्यार्थ्यांशी स्टार पार्टी आयोजित करत आहोत. या कार्यक्रमात पुढीलप्रमाणे कार्यक्रम असतील.

- >तारे पाहण्याचे सत्र. > ताऱ्यांच्या मदतीने दिशा ओळखणे.
- >उत्तर तारा/ध्रुव तारा ओळख.
- >आकाशातील विविध नक्षत्र आणि तारे आणि इतर अनेक वस्तूंचा परिचय.
- >प्राचीन भारतीय स्वगोलशास्त्र आणि नक्षत्रांचा परिचय.
- > कार्यक्रमादरम्यान तज्ञांचे मार्गदर्शन आणि मदत
- >टेंट मध्ये राहणे, जेवण व नाश्ता विद्यार्थ्यांना देण्यात येईल.
- >बसची व्यवस्था सोबत काळजीवाहक स्वयंसेवक असतील.

चौकशी आणि बुकिंगसाठी, संपर्क: 8329757875  
नाव नोंदणी केल्यानंतर वेळ व निघण्याचे ठिकाण कळवले जाईल.

**संयोजक - उदयकाल फाउंडेशन, पुणे**



Udaykal Foundation, Hon. Minakshi Navale, Deprived Development Institute, Mrs. Jayshree Patharkar, President - Lokmangal Sarvaseva Society, Pune and Hon. Mr. Ram Mane Sir, Secretary - Inter Bharati, Pune Branch, Shri. Shivraj Suryavanshi, Manager - Rashtra Sevadal, Pune's proposal at the beginning of the program and the chief guests were welcomed with a book.

Single women's turmeric-kunku program is a hole in tradition, just like every year, free health checkup and medicinal treatment was conducted by Udaykal Foundation from women's health perspective in changing lives. Information about the work done by Udaykal Foundation for single women Mrs. Given by Swati Panchal Tai.

Chief guest of the event Mrs. Janvi Page - Deshpande discussed on this topic while dealing with women. Even if there is crisis in life, you have to struggle. Women also live strongly. He informed about the life of our country's president. Today many sisters have the responsibility of women as the earning person in the house has gone. Children's education is the responsibility of the family, it is very important to understand her when she is alone in all these situations. From this point of view, the Udaykal Foundation has been working for widows for the past four years.

Mrs. Jayshree Patharkar Tai informed women about Khadi rural industry and Central Government's Vishwakarma scheme. There are many plans available to women from a self-employment approach. Udaykal Institute has given time to time cooperation and guidance to women to avail the scheme.

Single women's committee in Maharashtra in turmeric-kunku programs. Mr. It was inaugurated with the guidance of Heramb Kulkarni Sir, (Invitator of State). Single women members were registered through this committee. Identity card was distributed to each woman. If single women face difficulties at the administrative level while taking advantage of the government scheme due to this identity card in the future, then the Sau Single Women's Committee will also work for it.

Hon'ble guide of Udaykal Foundation. Mr. Ram Mane Sir, education is very important to women from the perspective of education of children.

Any help that a woman needs to be self-employed will be done by Udaykal Foundation. The organization has been planned to conduct various activities such as World Women's Day activities, educational activities for education of single women, camps for self-employment, free healthcare for women's health, annual outing.

About 110 women sisters from different departments of Pune city were present in the event. Identity card was distributed to everyone. Identity card will be used together as an organization for the rights and rights of women. While doing turmeric-kunku, everyone was given turmeric-kunku as a van.

Respected and Mrs of all single women sisters present in the program. Aarti Mayur Bagul thanked him.

Thank you very much to all the members who supported the organization financially to make the program successful.



**31st Jan 2025**

State Level Abhaya (Single Women) Conference 2025, Pune in jointly with Vanchit Vikas and Udaykal Foundation

President and representatives of a total of 37 social organizations in the state of Maharashtra will participate in the workshop. The main objective is to see what can be done for the single women employment business by considering the issues and issues of single women.

At the inauguration of Abhaya Parishad 2025. Vijayatai Rahatkar, President - National Women's Commission, Government of India.

War - Saturday

Date - 01 February 2025

Time - 11 am. 30 o'clock

Place - Vanchit Vikas operated Nihar Anand, Vadgaon Shinde Road, Lohgaon, Pune - 411014



**उदयकाल फाउंडेशन**  
वंचित विकास व उदयकाल फाउंडेशन  
यांच्या संयुक्त विद्यमाने

**राज्यस्तरीय अभया (एकल महिला)  
परिषद २०२५, पुणे**

**॥ अभ्या  
उदघाटन  
साहळ ॥**

**प्रमुख अतिथी:**  
**मा. विजयाताई रहाटकर** अध्यक्ष - राष्ट्रीय महिला आयोग, भारत सरकार

दि. ०१ फेब्रुवारी २०२५ रोजी शनिवार  
वेळ: सकाळी ११.३० वाजता

**स्थळ:- वंचित विकास संघलित नीहार आनंद, वडगाव शिंदे रोड, लोहगाव, पुणे. ४११०४७**

**वंचित विकास व उदयकाल फाउंडेशन  
यांच्या संयुक्त विद्यमाने**

महाराष्ट्रातील एकल महिलांवर काम करणाऱ्या विविध जिल्ह्यातील सामाजिक संस्थांची  
अभया अभियानात आगंतूत टोल दिवसीय राज्यस्तरीय परिषद.।

**'अभया' परिषद - २०२५**

दि. १ व २ फेब्रुवारी २०२५ : शनिवार व रविवार, वेळ : स. १०.०० ते साय. ५.००  
स्थळ : नीहार आनंद निवास, वडगाव शिंदे रोड, लोहगाव, पुणे

**कार्यक्रम पत्रिका**

पहिला दिवस: ०१/०२/२०२५ - १०.०० ते ५.००

| अ.क्र.                              | वेळ   | विषय           |
|-------------------------------------|---|----------------|
| १.                                  | नाच नोंदणी, चहा नाश्ता  | १०:३० ते १०:३० |
| २.                                  | संस्था परिचय  | १०:३० ते ११:३० |
| ३.                                  | उद्घाटन समारंभ<br>प्रमुख वाचणे मा. विजयाताई रहाटकर,<br>अध्यक्ष - राष्ट्रीय महिला आयोग, भारत सरकार | ११:३० ते १२:३० |
| ४.                                  | माध्यंतर  | १२:३० ते १२:४५ |
| ५.                                  | संस्था परिचय  | १२:४५ ते १:३०  |
| माध्यान खेह भोजन - ०१:३० ते २:३०    |   |                |
| ६.                                  | गटकार्य   | २:३० ते ०४:००  |
| ७.                                  | चहापान  | ०४ ते ०४.१५    |
| ८.                                  | गटकार्य सादरीकरण  | ०४.१५ ते ०५.३० |
| दुसरा दिवस : २/२/२०२५ १०:०० ते ३.०० |   |                |
| १.                                  | एकल महिलांचे भावनिक,<br>मानसिक व लैंगिक व्यवस्थापन - डॉ.सागर. पाठक                                | १०.०० ते ११.०० |
| २.                                  | चहापान  | ११ ते ११.१५    |
| ३.                                  | शासकीय योजना /सामाजिक संस्थाना संधी   | ११.१५ ते १२.१५ |
| ४.                                  | भाषिक संवेदनशीलता - श्रीमती मीना कुर्लेकर   | १२.१५ ते ०१.०० |
| माध्यान खेह भोजन - ०१:०० ते ०२:००   |   |                |
| ५.                                  | सुचना व ठराव  | ०२.०० ते ३.००  |
| ६.                                  | समारोप  | ०३.०० ते ०४.०० |

**01th Feb 2025**

Bhaubeej of farmers- Dadegaon taluka. District Paithan. Udaykal Foundation gifted grocery kits to two needy women of Ashabai Pandhari Gade and Anjabai Gosavi at Chhatrapati Sambhajinagar. Teacher of Dadegaon School Shri. Distributed by Bansode Sir.



वंचित विकास व उदयकाल फाउंडेशन  
यांच्या संयुक्त विद्यमाने

राज्यस्तरीय अभया (एकल महिला)  
परिषद २०२५, पुणे

॥ अभया ३५ घाटू साहळ ॥

प्रमुख अतिथी:  
**मा. विजयाताई रहाटकर** अध्यक्ष - राष्ट्रीय महिला आयोग, भारत सरकार

दि. ०१ फेब्रुवारी २०२५ रोजी शनिवार  
वेळ: सकाळी ११.३० वाजता

स्थळ:- वंचित विकास संघलित मीहार आनंद, वडगाव शिंदे रोड, लोहगाव, पुणे. 411047

वंचित विकास व उदयकाल फाउंडेशन  
यांच्या संयुक्त विद्यमाने

महाराष्ट्रातील एकल महिलांवर काम करणाऱ्या विविध जिल्हातील सामाजिक संस्थांची  
अभया अभियानात आगंतूक टोल दिवसीय राज्यस्तरीय परिषद.।

**'अभया' परिषद - 2025**

दि. १ व २ फेब्रुवारी २०२५ : शनिवार व रविवार, वेळ: स. १०.०० ते साय. ५.००  
स्थळ: मीहार आनंद निवास, वडगाव शिंदे रोड, लोहगाव, पुणे

**कार्यक्रम पत्रिका**

पहिला दिवस: 01/02/2025 - 10.00 ते 5.00

| अ.क्र.                             | वेळ  | विषय           |
|------------------------------------|--|----------------|
| १.                                 | नाच नोंदणी, चहा नाश्ता   | १०:३० ते १०:३० |
| २.                                 | संस्था परिचय   | १०:३० ते ११:३० |
| ३.                                 | उद्घाटन समारंभ<br>प्रमुख पाहुणे मा. विजयाताई रहाटकर,<br>अध्यक्ष - राष्ट्रीय महिला आयोग, भारत सरकार | ११:३० ते १२:३० |
| ४.                                 | मध्यांतर   | १२:३० ते १२:४५ |
| ५.                                 | संस्था परिचय   | १२:४५ ते १:३०  |
| माध्यान खेह भोजन - ०१:३० ते २:३०   |  |                |
| ६.                                 | गटकार्य  | २:३० ते ०४:००  |
| ७.                                 | चहापान   | ०४ ते ०४.१५    |
| ८.                                 | गटकार्य सादरीकरण   | ०४.१५ ते ०५.३० |
| दुसरा दिवस: २/२/२०२५ १०.०० ते ३.०० |  |                |
| १.                                 | एकल महिलांचे भावनिक,<br>मानसिक व लैंगिक व्यवस्थापन - डॉ.सागर. पाठक                                 | १०.०० ते ११.०० |
| २.                                 | चहापान   | ११ ते ११.१५    |
| ३.                                 | शासकीय योजना /सामाजिक संस्थाना संधी  | ११.१५ ते १२.१५ |
| ४.                                 | भाषिक संवेदनशीलता - श्रीमती मीना कुलेंकर   | १२.१५ ते ०१.०० |
| माध्यान खेह भोजन - ०१:०० ते ०२:००  |  |                |
| ५.                                 | सुचना व ठरव  | ०२.०० ते ३.००  |
| ६.                                 | समारोप   | ०३.०० ते ०४.०० |

**01th Feb 2025**

State Level Single Women (Abhaya) Conference 2025 jointly started with Vanchit Vikas and Udaykal Foundation.  
A total of 48 organizations are participating in the Sadril Parishad. Introducing the work of various organizations.



**01th Feb 2024**

Vanchit Vikas and Udaykal Foundation jointly inaugurated State Level Single Women (Abhaya) Conference 2025 Vijayatai Rahatkar - President, Central Women's Commission, Government of India.

President of Vanchit Vikas Sanstha Shri. Mr. Vijaykumar Marle and President of Udaykal Foundation. Done by Balkrishna Bagul. Abhaya Ekle Women's Council started by lighting the lamp. Minatai Kurlikar, director of Vanchit Vikas Sanstha, proposed.



**02nd Feb 2025**

State Level Abhaya (Single Women) Conference 2025, Pune, State Invitational of Sau Ekal Women Committee, jointly with Vanchit Vikas and Udaykal Foundation. Mr. Heramb Kulkarni sir guided everyone present.

Exactly how the single women worked today. The same way everyone needs to work together



**02nd Feb 2025**

Vanchit Vikas and Udaykal Foundation jointly abhaya (single) women's conference 2025

Today on the last day, all the organization representatives together made a resolution. The resolution will be presented to the Central Women's Commission. Meena Kurlikar of the Deprived Development Organization said. Respected Heramb Kulkarni Sir - State Invitational Sau Ekal Women's Committee, Deprived Development Organization representative. Uttara Jadhav, Abhaya Project Head of Vanchit Vikas Sanstha. Minakshi Navale madam distributed certificates to all.

All the present organization representatives gave their feedback and thanked everyone very much.



5th Feb 2025

The 'Abhaya' state-level conference, jointly organized by Vanchit Vikas and Udaykal Foundation, successfully took place at Nihar Anand Niwas in Lohegaon, with participation from 50 social organizations across Maharashtra working for single women. National Women's Commission Chairperson Vijaya Rahatkar emphasized the need to honor and support 'Abhaya' by fostering societal acceptance and advocating policy changes at the central level. She highlighted the challenges faced by single women and called for a shift in perception, encouraging the use of 'Abhaya' instead of labels like widower or divorcee. The conference reinforced the commitment to women's empowerment and dignity, with a pledge to take this movement nationwide and recommend policy measures to the Central Government.

Event conducted on Feb 2nd 2025, was covered by newspapers and press and published on 5th Feb 2025

**तरुण भारत**  
Pune Edition | 2025-02-05 | Page-2  
epaper.mahamtb.com

## 'अभया'ना संरक्षणासाठी आयोग प्रयत्नशील

पुणे, दि. ४ : प्रतिनिधी  
'वंचित विकास व उदयकाल फाऊंडेशन' यांच्या संयुक्त विद्यमाने 'अभया' अभियानांतर्गत आयोजित दोन दिवसीय 'अभया' राज्यस्तरीय परिषदेच्या उद्घाटनप्रसंगी विजया रहाटकर बोलत होत्या. लोहगाव येथील 'नीहार आनंद निवास'मध्ये आयोजित परिषदेत 'वंचित विकास संस्थे'चे अध्यक्ष विजयकुमार मलेंचा, कार्यवाह व संचालक मीना कुलेंकर, सुनीता जोगळेकर, मीनाक्षी नवले, देवयानी गोंगले, रंजना चव्हाण, आणि 'उदयकाल फाऊंडेशन'चे बाळकृष्ण बागुल, मयूर बागुल आदी उपस्थित होते. विविध जिल्ह्यातील ५० सामाजिक संस्थांचे प्रतिनिधी या परिषदेत सहभागी झाले होते.

"अभया" ही सक्षम असते, तिला आधारसाठी, सकारात्मक मानसिकता देण्याची गरज असते. प्रेम, स्नेह व आपलेपणा तिला या संघर्षात ऊर्जादायी ठरतात. त्यांच्यासाठी काम करणाऱ्या संस्थांची भूमिका ही 'कॅटलीस्ट'सारखी आहे. समाजाचा स्वीकार आणि सकारात्मक भावना विकसित करण्यात संस्थांनी पुढाकार घ्यावा. महिला आयोग म्हणून 'अभया'च्या समग्र विकासासाठी काम करेले. येत्या काळात या शिफारसी केंद्र सरकारकडे देऊ. तसेच ही चळवळ देशातील इतर राज्यांमध्ये घेऊन जाण्यात महिला आयोग पुढाकार घेईल," असा शब्द विजया रहाटकर यांनी दिला. प्रास्ताविक मीना कुलेंकर यांनी केले.

**राष्ट्रीय महिला आयोगाच्या अध्यक्षा विजया रहाटकर यांचे प्रतिपादन**

करणाऱ्या संस्थांची भूमिका ही 'कॅटलीस्ट'सारखी आहे. समाजाचा स्वीकार आणि सकारात्मक भावना विकसित करण्यात संस्थांनी पुढाकार घ्यावा. महिला आयोग म्हणून 'अभया'च्या समग्र विकासासाठी काम करेले. येत्या काळात या शिफारसी केंद्र सरकारकडे देऊ. तसेच ही चळवळ देशातील इतर राज्यांमध्ये घेऊन जाण्यात महिला आयोग पुढाकार घेईल," असा शब्द विजया रहाटकर यांनी दिला. प्रास्ताविक मीना कुलेंकर यांनी केले.

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## प्रजा जागरूक

### विभक्त कुटुंबपद्धतीने समाजात अस्थिरता वाढली : रहाटकर

'अभया'ना समान, संरक्षणासाठी राष्ट्रीय महिला आयोग प्रयत्नशील

पुणे : "वंचित कुटुंबांच्या संरक्षणासाठी आता तिला, उदयकाल फाऊंडेशन यांच्या संयुक्त विद्यमाने आयोजित होत आहे. दोन दिवसीय 'अभया' राज्यस्तरीय परिषदेच्या उद्घाटनप्रसंगी विजया रहाटकर बोलत होत्या. लोहगाव येथील 'नीहार आनंद निवास'मध्ये आयोजित परिषदेत 'वंचित विकास संस्थे'चे अध्यक्ष विजयकुमार मलेंचा, कार्यवाह व संचालक मीना कुलेंकर, सुनीता जोगळेकर, मीनाक्षी नवले, देवयानी गोंगले, रंजना चव्हाण, आणि 'उदयकाल फाऊंडेशन'चे बाळकृष्ण बागुल, मयूर बागुल आदी उपस्थित होते. विविध जिल्ह्यातील ५० सामाजिक संस्थांचे प्रतिनिधी या परिषदेत सहभागी झाले होते.

**राष्ट्रीय महिला आयोगाच्या अध्यक्षा विजया रहाटकर यांचे प्रतिपादन**

करणाऱ्या संस्थांची भूमिका ही 'कॅटलीस्ट'सारखी आहे. समाजाचा स्वीकार आणि सकारात्मक भावना विकसित करण्यात संस्थांनी पुढाकार घ्यावा. महिला आयोग म्हणून 'अभया'च्या समग्र विकासासाठी काम करेले. येत्या काळात या शिफारसी केंद्र सरकारकडे देऊ. तसेच ही चळवळ देशातील इतर राज्यांमध्ये घेऊन जाण्यात महिला आयोग पुढाकार घेईल," असा शब्द विजया रहाटकर यांनी दिला. प्रास्ताविक मीना कुलेंकर यांनी केले.

## सकाळ

### महिला आयोग आपल्या दारी अभियानाला प्रतिसाद

पुणे, ता. ४ : 'देशभरात महिला अत्याचारांच्या तक्रारीमध्ये वाढ होत आहे. राज्य व राष्ट्रीय महिला आयोग, कौटुंबिक न्यायालयात राखीव तक्रारी प्रलंबित आहेत. ५०-६० टक्के तक्रारी कौटुंबिक न्यायालयात असून, त्यांचा निपटारा करण्यासाठी राष्ट्रीय महिला आयोगाच्या तक्रारी 'अभया'च्या संस्थांनी घेतले आहे. विभागावर सुनावण्या घेऊन तक्रारीचे निराकरण केले जात आहे," अशी माहिती महिला आयोगाच्या अध्यक्षा विजया रहाटकर यांनी केली.

लोहगावातील निहार आनंद निवासामध्ये वंचित विकास आणि उदयकाल फाऊंडेशन यांच्यातर्फे आयोजित 'अभया' या वेगवेगळ्या संस्थांच्या संयुक्त विद्यमाने आयोजित होत आहे. दोन दिवसीय 'अभया' राज्यस्तरीय परिषदेच्या उद्घाटनप्रसंगी विजया रहाटकर बोलत होत्या. लोहगाव येथील 'नीहार आनंद निवास'मध्ये आयोजित परिषदेत 'वंचित विकास संस्थे'चे अध्यक्ष विजयकुमार मलेंचा, कार्यवाह व संचालक मीना कुलेंकर, देवयानी गोंगले, रंजना चव्हाण, फाऊंडेशनचे बाळकृष्ण बागुल आदी उपस्थित होते. रहाटकर म्हणाल्या, "भातास कुटुंबपद्धती ही समाजव्यवस्थेचा आदर्श होती. मात्र, अलोकप्रिय काळात विभक्त कुटुंबपद्धतीने समाजात अस्थिरता वाढली आहे. महिला एकत्रीत पडत आहेत. महिला घरदार सांभाळून घेत असते. मात्र, तिच्यावर वेळ येत, तेव्हा जखळची मागसे कटोर होताना."

आयोजित 'अभया' या वेगवेगळ्या संस्थांच्या संयुक्त विद्यमाने आयोजित होत आहे. दोन दिवसीय 'अभया' राज्यस्तरीय परिषदेच्या उद्घाटनप्रसंगी विजया रहाटकर बोलत होत्या. लोहगाव येथील 'नीहार आनंद निवास'मध्ये आयोजित परिषदेत 'वंचित विकास संस्थे'चे अध्यक्ष विजयकुमार मलेंचा, कार्यवाह व संचालक मीना कुलेंकर, देवयानी गोंगले, रंजना चव्हाण, फाऊंडेशनचे बाळकृष्ण बागुल आदी उपस्थित होते. रहाटकर म्हणाल्या, "भातास कुटुंबपद्धती ही समाजव्यवस्थेचा आदर्श होती. मात्र, अलोकप्रिय काळात विभक्त कुटुंबपद्धतीने समाजात अस्थिरता वाढली आहे. महिला एकत्रीत पडत आहेत. महिला घरदार सांभाळून घेत असते. मात्र, तिच्यावर वेळ येत, तेव्हा जखळची मागसे कटोर होताना."

## महिलाओं की शिकायतों का निपटारा किया जा रहा

### राष्ट्रीय महिला आयोग की अध्यक्ष विजया रहाटकर का दावा

देशभर में महिलाओं के खिलाफ अत्याचार की शिकायतों में वृद्धि हो रही है। राज्य और राष्ट्रीय महिला आयोग, पारिवारिक न्यायालयों में लाखों शिकायतें लंबित हैं। इनमें से 50-60% शिकायतें पारिवारिक विवादों से संबंधित हैं। इन शिकायतों के समाधान के लिए राष्ट्रीय महिला आयोग ने पूरे देश में 'महिला आयोग आपके द्वार' अभियान शुरू किया है। क्षेत्रीय स्तर पर सुनवाई कर इन शिकायतों का निपटारा किया जा रहा है। यह दावा राष्ट्रीय महिला आयोग की अध्यक्ष विजया रहाटकर ने व्यक्त किया। उन्होंने यह भी आश्वासन दिया कि 'अभया' को दिव्यांगों की तरह सम्मान दिलाने के लिए केंद्र सरकार से प्रयास किया जाएगा।

**एकल परिवार बढ़ने से अकेली होती जा रही हैं महिलाएं**

लक्ष्मण विद्या विहार अखंड निवास में वंचित विकास और उदयकाल फाऊंडेशन के संयुक्त तत्त्वज्वाला में आयोजित दो दिवसीय 'अभया' राज्यस्तरीय सम्मेलन के उद्घाटन समारोह में रहाटकर ने कहा कि भारतीय संयुक्त परिवार प्रणाली कमी समज की अवस्था व्यस्तता थी, लेकिन हाल के वर्षों में एकल परिवार प्रणाली के बढ़ने से समज में अस्थिरता बढ़ी है। महिलाएं अकेली होती जा रही हैं। वे घर और परिवार दोनों संभालती हैं, लेकिन जब मुश्किलें आती हैं, तो परिस्थिति और कठिनी स्थिति कटोर हो जाती है। उन्हें सम्मान और अधिकारों के लिए संघर्ष करना पड़ता है। महिलाओं की सुरक्षा और सम्मान के लिए कानून मौजूद है, फिर भी अत्याचार की घटनाएं रुक नहीं रही हैं। अभया महिलाएं सक्षम होती हैं, लेकिन उन्हें सहयोग और सकारात्मक मनसिकता की जरूरत होती है। वंचित विकास संस्था के अध्यक्ष विजयकुमार मलेंचा, कार्यवाहक व संचालक मीना कुलेंकर, रंजना चव्हाण, और उदयकाल फाऊंडेशन के बाळकृष्ण बागुल, मयूर बागुल आदि उपस्थित थे।

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## Partner Organization



barefoot college  
INTERNATIONAL



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NIIT  
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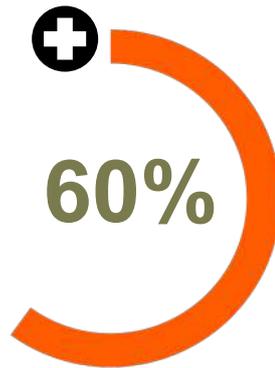


## Project Impact



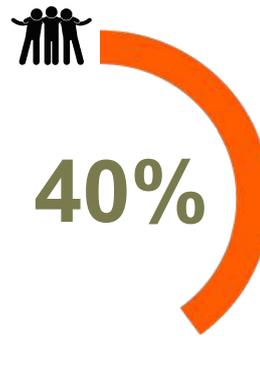
### Education

We are working in the education field to giving school kit for tribal children.



### Health

We are working in the health field to checking dental for special children.



### Livelihood

We are working in the livelihood to giving the training for women & empower them.



### Environment

We are working in the Environment to giving the tree for one family.